



Office of the Principal

Abhayapuri College, Abhayapuri

(Affiliated to G.U. and accredited with 'B' Grade by NAAC)

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Date: 18/10/2018

CIRCULAR



This is for the information of all concerned that Women Cell, Abhayapuri College, Abhayapuri is organizing a one-day Premarital counselling session for girls students on 21-10-2018 at 11 am in Purna Chandra Seal Seminar Hall.

So, all the Teachers, Staff and Students are asked to attend the programme.


(Dr. S. Nath)
Principal
Abhayapuri College
PRINCIPAL
ABHAYAPURI COLLEGE
ABHAYAPURI



"Pre-Marital Counselling Class" Date: 21/10/2018

A One day Seminar on pre-Marital Counselling class was organised on 21/10/2018 in College Seminar Hall by the women cell Abhayapuri college at 11 AM. Dr. S. Nath, principal of the college graced the occasion.

Prof. (Dr) Moromi Basothaker Retd prof. of Assamese Dept Abhayapuri college acted as a Resource person.

This Counselling class was organised for the undergraduate students of the college about the growing statistic of divorce and the petty issues that could lead to disintegration of a marriage.

Members and students present.

- ① Dr. Moromi Basothaker (Resource person) -
- ② Dr. S. Nath -
- ③ Prof. D. Morol -
- ④ Sewali Devi
- ⑤ S. Pr. Choudhury
- ⑥ Ashraful Islam Ahmed
- ⑦ Rukunuddin Ahmed
- ⑧ Nazma Ahmed
- ⑨ Joyral Abedin
- ⑩ Muzel Islam Chandor
- ⑪ Rejina Sultana
- ⑫ Anupama Sengupta
- ⑬ Kanchanmoni Roy
- ⑭ Provirjit Dutta



15. Dr. Naga Syuti Das (m) 21/10/18
16. Rubel Das
17. Manik Kalha.
18. Jejuwa Hussain.
19. Rupamani Rabha
20. Gitima Dutta
21. Pinki Phosh
22. Arundhati Ray
23. Kizammonei Ray.
24. Kabita Ray.
25. Gayatri Ray
26. Dhammoni Ray
27. Saugita Sarkar.
28. Kunja Ranjan Ray
29. Sobita Sarkar.
30. Bhanupriya Ray.
31. Janmay Shakuria
32. Saurav Jyoti Barman
33. Bitopam Pathak
34. Meher Ch Ray.
35. Neelam Kanta Ray.
36. Ashok Nath
37. Ashokra Jyoti Das.
38. Afowar Rahman Khan
39. Alija Ray
40. Madhusmita Thakuria
41. Archana Mandal.
42. Baranali Goswami.
43. Begum Mirzuba Ahmed
44. Rogina Khator
45. Dulherna Aktar.
46. Nur Amina Khator
47. Parkin Sultana.
48. Rashmi Khatu
49. Monika Das.



- 50 Afroz Begum
- 51 Saridul Islam.
- 52 Rinshi Baranm
- 53 Riaki Ray
- 54 Daisy Nath.
- 55 Japsana Khatun
- 56 Aspina Khatun
- 57 Haricharan Das
- 58 Nilai Paul
- 59 Nazma Hattullah
- 60 Geetkhamoni Ray
- 61 Nijumoni Ray.
- 62 Pallimita Ray
- 63 Nijumoni Ray.
- 64 Mallika Ray
- 65 Jyotish Mandal
66. Bikash Mandal
- 67 Manarajan Satheshkar.
- 68 Halita Khatun
69. Shahana Ahmed
70. Pratima Mandal
71. ~~SOZ~~ Alam.
72. Kamak Roy
73. ~~Zhusi~~ Jesmin
74. Haradhan Mandal.
- 75 Ali Hussain
- 76 Simpi Ray
- 77 P. Adhikary
- 78 Dhavitree Ray.
- 79 Deepshikha Ray
- 80 Krishna Devi Ray
- 81 Rashita Ray
- 82 Sofiqul Islam
- 83 Babbar Ali
- 84 Kaberi Das



- 85 Netumoni Kalita
- 86 Jahnavi Pathak
- 87 Sonali Modhi
- 88 Beplab Das
- 89 Julika Roy
- 90 Sonakshi Kalita
- 91 Binay Modhi
- 92 Tarani Kalita
- 93 Pranay Ray
- 94 Manas Das
- 95 Raktim Brahma
- 96 Sabadat De
- 97 Kamalika Saikia
- 98 Kohinur Khatun
- 99 Anirudh Khatun
- 100 Joyal Abedi
- 101 Narayan Mandal
- 102 Jupitara Das
- 103 Sewali Das
- 104 padimi Kalita



(Dr. S. Nath)
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Report on Pre-Marital Counseling Class

1. Name of the Programme : Seminar on pre- marital Counselling
2. Date : 21/10/2018
3. Place : College Seminar Hall
4. Organized by : Women Cell Abhayapuri College
5. Resource Person : Dr Moromi Borthakur

A Brief Report on the Programme:

A One day seminar on pre- marital issues was organized for under graduate students by the Women Cell Abhayapuri College on 21-10-2018 in the college Seminar Hall. The meeting was presided over by Mrs. Depanjali Morol (Vice-Principal and President of women cell).

Dr Moromi Borthakur prof. of Assamese Dept acted as resource Person in the seminar.

Dr. Pori Devi co-ordinator of the women cell introduced the aim of conducting this counseling class. According to her Premarital counseling can help couples to identify strengths and weaknesses in their relationship before they get married.

Dr Moromi Borthakur the resource person spoke about the importance of Marriage in life and to continue this conjugal relationship is a big challenge for every woman. She basically mentioned about typical goals of the various approaches to marital preparation. Those include: (1) easing the transition from single to married life, (2) increasing couple stability and satisfaction for the short and long term, (3) enhancing the communications skills of the couple, (4) increasing friendship and commitment to the relationship, (5) increasing couple intimacy, (6) enhancing problem-solving and decision-making skills in areas of marital and finances.

She cited an example about family systems and religious beliefs vary greatly. Many couples have experienced very different upbringings with different role models for relationship and marriage. Many people go into marriage believing it will fulfill their social, financial, sexual and emotional needs — and that's not always the case. By discussing differences and expectations before marriage, you and your partner can better understand and support each other during marriage.



The session enlightened them about the growing statistics of divorce and the petty issues that could lead to disintegration of a marriage. An Open discussion after the session was also followed which helped the students to voice their queries and debate about the growing intolerance in marriage and how to tackle it.

The Outcome of the premarital counseling class would help partners improve their ability to communicate, set realistic expectations for marriage and develop conflict-resolution skills. In addition, premarital counseling can help couples establish a positive attitude about seeking help down the road. To prepare themselves mentally to adjust with their partners and maintain a healthy relationship throughout life.


Dr.Pori Devi
Convenor Women Cell
Abhayapuri College

Some Captured moments during the Seminar are shown below



Pre-Marital Counseling Class

Organized by Women Cell Abhayapuri College:: Date:21 -10-2018


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